

## Saturday 23<sup>rd</sup> March

11am - noon & Noon - 1pm

CIT Sports Stand, CIT Bishopstow Campus

## **Train with Your Sporting Heroes**

The GAA, Soccer, Athletics & Rugby Clubs in CIT, together with the Access Service and the Schools Liaison Office, host a sports training event for young people. Cork's sporting heroes will be on hand to train and teach young people sports skills.

Age Group – 8years to 12 years.

Booking essential NB only one session per child.

Please book by email <a href="mailto:christine.nolan@cit.ie">christine.nolan@cit.ie</a>

More information:

Christine Nolan T: 433 5138;

Louise Bermingham T: 433 5139; Elaine Dennehy T: 433 5141

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